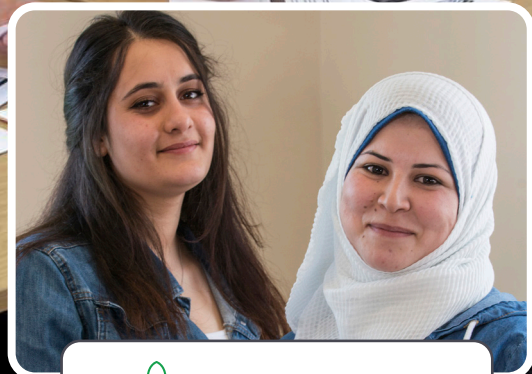
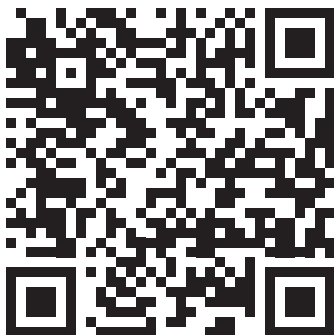


Adult Learning

English for Speakers of Other Languages Curriculum Plan 2026



**For more
information
scan here**



adultlearningcumbria.org



Working for Cumberland Council and
Westmorland & Furness Council

Year 1 Learners (Beginner Level)

- Initial Assessment
- Information Advice and Guidance

Curriculum Offer

Course	Guided Learning Hours
First Steps into English	120 GLH
Reading and Writing for Pre-Entry Learners	120 GLH
My Health and Wellbeing and Where I Live	120 GLH
Using Money – Introduction	30 GLH
Family Learning Mums and Babies	12 GLH

Skills Developed

- Speaking and Listening
- Reading
- Writing
- Numeracy
- Awareness of British Values, Prevent and Safeguarding
- Awareness of Services Available in Local Area
- Awareness of How to Support Your Child's Play and Development



Year 2 Learners (Beginner Plus Level)

- Initial Assessment
- Information Advice and Guidance

Curriculum Offer

Course	Guided Learning Hours
ESOL Skills For Life Award in Reading at Entry Level 1	60 GLH
ESOL Skills For Life Award in Writing at Entry Level 1	90 GLH
ESOL Skills For Life Award in Speaking and Listening at Entry Level 1	120 GLH
Social Conversation	120 GLH
Digital Skills Vocabulary	12 GLH
Using Money – Advanced	30 GLH
Family Learning Mums and Babies	12 GLH

Skills Developed

- Speaking and Listening
- Reading
- Writing
- Numeracy
- Digital Skills
- Problem Solving
- Independent Study Skills
- Awareness of British Values, Prevent and Safeguarding
- Awareness of How to Support your Child's Play and Development



Year 3 Learners (Intermediate Level)

- Initial Assessment
- Information Advice and Guidance

Curriculum Offer

Course	Guided Learning Hours
ESOL Skills For Life Award in Reading at Entry Level 2	60 GLH
ESOL Skills For Life Award in Writing at Entry Level 2	90 GLH
ESOL Skills For Life Award in Speaking and Listening at Entry Level 2	120 GLH
Reading and Writing for Life (Preparation for Entry Level 3)	120 GLH
ESOL Beginners Digital Skills	20 GLH
Family Learning Mums and Babies	12 GLH

Skills Developed

- Speaking and Listening
- Reading
- Writing
- Numeracy
- Digital Skills
- Punctuation and Grammar
- Resilience
- Problem Solving
- Awareness of British Values, Prevent and Safeguarding
- Awareness of How to Support Your Child's Play and Development



Year 4 Learners (Intermediate Plus Level)

- Initial Assessment
- Information Advice and Guidance

Curriculum Offer

Course	Guided Learning Hours
ESOL Skills For Life Award in Reading at Entry Level 3	60 GLH
ESOL Skills For Life Award in Writing at Entry Level 3	90 GLH
ESOL Skills For Life Award in Speaking and Listening at Entry Level 3	120 GLH
Job Seeking and Job Applications	120 GLH
Advanced Digital Skills for Employment and Volunteering	60 GLH
Award in Introduction to Safeguarding at Entry Level 3	15 GLH
Family Learning - Sing and Play	1 GLH
Family Learning - Chat and Play	10 GLH
Family Learning - Ready, Steady, School	10 GLH
Family Learning – Count and Play	10 GLH

Skills Developed

- Speaking and Listening
- Reading
- Writing
- Team Working
- Digital Skills
- Problem Solving
- Independent Study Skills
- Resilience
- Awareness of Employment Rights and Responsibilities
- Awareness of British Values, Prevent and Safeguarding
- Awareness of How to Support your Child's Play and Development



Year 5 Learners (Advanced Level)

- Initial Assessment
- Information Advice and Guidance

Curriculum Offer

Course	Guided Learning Hours
ESOL Skills For Life Award in Reading at Level 1	60 GLH
ESOL Skills For Life Award in Writing at Level 1	90 GLH
ESOL Skills For Life Award in Speaking and Listening at Level 1	120 GLH
English for Work	120 GLH
EDSQ (Essential Digital Skills Qualification) at Entry 3 / Level 1	45 GLH
Functional Skills in English at Level 1	55 GLH
Functional Skills in Mathematics at Level 1	55 GLH
Award in Health and Wellbeing at Level 1	10 GLH
Award in Health and Safety at Level 1	60 GLH
Family Learning - Happy Minds	10 GLH
Family Learning - Active Start	10 GLH
Family Learning - Ready, Steady, School	10 GLH

Skills Developed

- Speaking and Listening
- Reading
- Writing
- Punctuation and Grammar
- Presentation Skills
- Team Working
- Digital Skills
- Problem Solving
- Independent Study Skills
- Resilience
- Awareness of Work Conventions
- Cultural Awareness
- Awareness of Health and Wellbeing
- Awareness of British Values, Prevent and Safeguarding
- Awareness of How to Support your Child's Active Play and Development

Year 6 Learners (Advanced Plus Level)

- Initial Assessment
- Information Advice and Guidance

Curriculum Offer

Course	Guided Learning Hours
ESOL Skills For Life Award in Reading at Level 2	60 GLH
ESOL Skills For Life Award in Writing at Level 2	90 GLH
ESOL Skills For Life Award in Speaking and Listening at Level 2	120 GLH
Level 1 Award in the Importance of Resilience and Grit	20 GLH
EDSQ (Essential Digital Skills Qualification) at Entry 3 / Level 1	45 GLH
Functional Skills in English at Level 2	55 GLH
Functional Skills in Mathematics at Level 2	55 GLH
Award in Using Employability Skills Level 1	45 GLH
Award in Equality and Diversity at Level 1	31 GLH
Family Learning - Bags of Health	12 GLH
Family Learning - Awesome Me	12 GLH
Family Learning - Active Start	10 GLH

Skills Developed

- Speaking and Listening
- Reading
- Writing
- Punctuation and Grammar
- Presentation Skills
- Team Working
- Digital Skills
- Problem Solving
- Logical Thinking
- Independent Study Skills
- Resilience
- Employability Skills
- Numeracy
- Cultural Awareness
- Awareness of Health and Wellbeing
- Awareness of British Values, Prevent and Safeguarding
- Awareness of How to Support your Child's Active Play and Development
-

Year 7 Learners (Advanced Level)

- Initial Assessment
- Information Advice and Guidance

Curriculum Offer

Course	Guided Learning Hours
GCSE English	120 GLH
GCSE Mathematics	120 GLH
Level 2 Award in Digital and IT Skills	48 GLH
Level 2 Employability Qualifications	Various
Level 2 Green Curriculum Qualifications	Various
Level 2 Health and Wellbeing Qualifications	Various
Family Learning - Bags of Health	12 GLH
Family Learning - Healthier Eating Together	10 GLH
Family Learning - Active Start	10 GLH
Family Learning - Bouncebackability	10 GLH

Skills Developed

- English
- Numeracy
- Digital Skills
- Presentation Skills
- Employability Skills
- Team Working
- Analytical Skills
- Problem Solving
- Logical Thinking
- Independent Study Skills
- Resilience
- Time Management
- Critical Thinking
- Cultural Awareness
- Awareness of Health and Wellbeing
- Awareness of British Values, Prevent and Safeguarding
- Awareness of How to Support your Child's Health and Wellbeing
- Awareness of Sustainability and Greener Living

Skills Developed through the ESOL Curriculum

Beginner Level - Years 1 and 2

- Speaking and Listening
- Reading
- Writing
- Numeracy
- Digital Skills
- Problem Solving
- Independent Study Skills

Intermediate Level - Years 3 and 4

- Speaking and Listening
- Reading
- Writing
- Numeracy
- Digital Skills
- Problem Solving
- Independent Study Skills
- Team Working Skills

Advanced Level - Years 5, 6 and 7

- Speaking and Listening
- Reading and Writing
- Digital Skills
- Employability Skills
- Mathematical Skills
- Presentation Skills
- Independent Study Skills
- Problem Solving
- Critical Thinking
- Logical Thinking
- Team Working
- Time Management

Contact Adult Learning

Cumberland Council

Whitehaven, Workington and Carlisle

- Adult Learning in Workington
Tel: **01900 706023**
Email: **workingtonadultlearning@cumberland.gov.uk**
Centre Manager Gillian Thompson
- Adult Learning in Whitehaven
Tel: **01946 506416**
Email: **whitehavenadultlearning@cumberland.gov.uk**
Centre Manager Emma Routledge
- Adult Learning in Carlisle
Tel: **01228 227305**
Email: **carlisleadultlearning@cumberland.gov.uk**
Centre Manager Michael Wigham

Westmorland and Furness Council

Penrith, Barrow and Kendal

- Adult Learning in Penrith
Tel: **07825 850704**
Email: **penrithadultlearning@westmorlandandfurness.gov.uk**
Centre Manager Alistair Hayward
- Adult Learning in Barrow
Tel: **01229 407630** or **407631 / 07867 182841**
Email: **barrowadultlearning@westmorlandandfurness.gov.uk**
Centre Manager TBC
- Adult Learning in Kendal
Tel: **01539 713257**
Email: **kendaladultlearning@westmorlandandfurness.gov.uk**
Centre Manager Jennifer Dunn



Translation Services

If you require this document in another format (e.g. CD, Braille or large type) or in another language, please telephone: **0300 373 3300**.

للوصول إلى هذه المعلومات بلغتك، يرجى الاتصال **0300 373 3300**

আপনি যদি এই তথ্য আপনার নিজের ভাষায় পেতে চান তাহলে অনুগ্রহ করে 0300 373 3300 নম্বরে টেলিফোন করুন।

如果您希望通过母语了解此信息，
请致电 **0300 373 3300**

Jeigu norétumėte gauti šią informaciją savo kalba, skambinkite telefonu **0300 373 3300**

W celu uzyskania informacji w Państwa języku proszę zatelefonować pod numer **0300 373 3300**

Se quiser aceder a esta informação na sua língua, telefone para o **0300 373 3300**

Bu bilgiyi kendi dilinizde görmek istiyorsanız lütfen **0300 373 3300** numaralı telefonu arayınız



